

*An oceanfront single room and ample time to learn, walk, pray, and just be,
and even better to be.... with God!*

The Anchorage 20th Annual Beach Retreat

"The Gift of Compassion"

**Friday, February 9 – Sunday, February 11,
arrive by 4 p.m., leave by 11 a.m.**

"The word Compassion is derived from the Latin words *pati* and *cum*, which together mean "to suffer with". Compassion asks us to enter into places of pain, to share in brokenness, fear, confusion, and anguish. ...Compassion means full immersion in the condition of being human."
(Compassion: A Reflection on the Christian Life, p.4)

The medievalists taught us that what makes us most like Christ is our frail and fragile humanity. If we truly loved our own frail and fragile humanity, we would love the frailty of others as well. The gift of compassion draws us into the river of love that finally overflows into the immense ocean of love that is eternal life.

Our rhythm will include silence from evening prayer through morning prayer. We will enjoy time to nap, read, walk a labyrinth on the beach, (weather permitting) and time just to 'be' with God and each other.

Led by: Sister Caroline Smith, PhD has served as Provincial of the Sisters of Saint Mary of Namur in Buffalo, NY. She holds an MA in Theological Studies from the Jesuit School of Theology in Cambridge, a Ph. D. in Pastoral Counseling from Loyola College, Baltimore, and received additional training in Ignatian Retreats at Guelph Spirituality Center in Ontario, Canada. A licensed counselor, she has worked extensively in Jungian dream work and the integration of the spiritual and psychological. She has been leading retreatants through the 30-Day Spiritual Exercises of St. Ignatius for over 30 years.

Fee: \$395 (includes 5 meals and single oceanfront room) Reg. (\$10) by Jan. 8th
Space for 25 may fill up quickly.

Location: The Litchfield Inn, Pawleys Island, SC

Registration Form **Please detach here and mail**

Name: _____ Email: _____

Address: _____ Phone: _____

20th Annual Beach Retreat

Non-refundable deposit enclosed (\$10) ____

More information call: (864) 232-LOVE (5683)

or email: cathie@theanchorage.org

Please send form with payment to:

The Anchorage

P. O. Box 9091

Greenville, SC 29604

*Please know that all are welcome, regardless of ability to contribute financially.
Contributions above and beyond the suggested fee are also gratefully received.*