

If you are sensing God's invitation to come away for a "Vacation with God" may we invite you to prayerfully consider this graced retreat?

Mepkin Abbey

"Praying Scripture Retreat" (Ignatian Retreat)

Mon., Nov. 13 – Fri., Nov. 17

Please plan to arrive between 2 and 3pm; departure will be by 11am.

The daily rhythm of our "**Praying Scripture Retreat**" includes spiritual direction with Catherine, two to three hours in solitary prayer with Scripture, meals together in silence, free time for walking, reading, napping. Though participation is at the discernment of each retreatant, we are welcome to join the Trappist monks for the Opus Dei or "Liturgy of the Hours." The experience is very welcoming. First-timers will feel right at home.

*The Abbey of Our Lady of Mepkin is a **Trappist Monastery** away from the hustle and bustle of the city, nestled in live oaks, along the Cooper River. The setting is 'serene and lovely' as the Native American name may mean. The monks offer a service of hospitality: a brand new retreat center provides a single room and private bath for each retreatant as well as all meals from day of arrival supper through day of departure breakfast.*

Led by: Catherine Powell, D. Min., Founding Servant Leader, The Anchorage, earned degrees from the University of Florida, Erskine Theological Seminary and Lutheran Theological Seminary at Philadelphia. Her formation also includes a 3-week spiritual/psychological process, the Spiritual Guidance Program of The Shalem Institute, The 30-day Spiritual Exercises of St. Ignatius as well as training at the Jesuit Center, Wernersville, PA to lead 8-day Ignatian Retreats. She was ordained in 1999 and delights in her family, personal retreats, music and learning.

Location: Mepkin Abbey, Trappist (Order of Cistercians Strict Observance) Monastery, Moncks Corner, SC
Fee: \$350 **Dep. (\$10) by Sept. 29th**

Registration Form Please detach here and mail.....

Name: _____ Email: _____

Address: _____ Phone: _____

Mepkin Abbey July 4-day retreat

Non-refundable deposit enclosed (\$10) ____
More information call: (864) 232-LOVE (5683)
or email: cathie@theanchorage.org

Please send form with payment to:

The Anchorage
P. O. Box 9091
Greenville, SC 29604
www.theanchorage.org

*Please know that all are welcome, regardless of ability to contribute financially.
Contributions above and beyond the suggested fee are also gratefully received.*