

*Feeling called to a day of spacious grace and peace
to open more fully to the mystery of God's love?
You might want to consider...*

The Anchorage "Desert Days"

First Fridays in Even Months:

8/7, 10/2, 12/4, 2/5, 4/1, 6/3

9:00 – 9:30 arrive - depart by 2:30 pm

***Come away* for spacious silence within a gentle rhythm of music and reflection both together and in solitude, allowing the Holy Spirit to open our hearts and our hands through the mystery of discovering more deeply our true source of inner peace, healing and guidance.**

Each Desert Day will have a different theme, maybe using lectionary readings of the day. The main point is to spend time in quiet with our holy and loving God. A possible schedule will be:

- 9:30 Light a candle to honor God's presence – then an introduction to the space and to each other
- 10:00 Opening Prayer, comments on topic, with handout for reflection
- 10:20 Find space to be with God – sit quietly, walk
- 11:30 Lunch – all together. We will use lunch to ask this question for the group to share "What are you learning from God, what has God been saying to you, over the last 2 months?" Someone will please record the responses (with or without names) and send a copy along to us
- 12:30 Regather in prayer, comments on topic, simple handout for reflection
- 12:50 Find space to be with God
- 2:00 closing prayer
- 2:30 adjourn *If the group can wait to adjourn at 3, we will have 2:30 closing prayer

Within the unhurried rhythm of the day, rest in a rocking chair, in a swing on a secluded deck, a bench by the creek or in the prayer garden and just "be." Sense God within you, and respond with your heart.

Led by: Catherine Powell, D. Min., Founding Servant Leader of The Anchorage, earned degrees from the University of Florida, Erskine Theological Seminary and Lutheran Theological Seminary at Philadelphia. Her formation includes a 3-week spiritual/psychological process in Gig Harbor, WA, the Spiritual Guidance Program of The Shalem Institute in MD, The 30-day Spiritual Exercises of St. Ignatius as well as training at the Jesuit Center in Wernersville, PA to lead 8-day Ignatian Retreats. She was ordained to the Gospel ministry in 1999 and enjoys time with family and friends, including her cats.

Location: Gower Estates, Greenville, South Carolina 29607 (directions following registration receipt)

Suggested Amount: \$30 (\$20 if you bring your own lunch)

Please sign up by 2 days ahead.

Registration Form Please detach here and mail

Name: _____ Email: _____

Address: _____ Phone: _____

Please call, email or send form to:

Desert Days Date: _____

For more information call: (864) 232-LOVE (5683)

or email: cathie@theanchorage.org

The Anchorage

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*Please know that all are welcome, regardless of ability to contribute financially.
Contributions above and beyond the suggested fee are also gratefully received.*